

HOW SEAT BELT SMART R U? Seat Belt Myths vs. Facts for Young Drivers & Passengers



MYTH: It's not as essential for guys to wear seat belts; they tend to be better drivers.

FACT: Young men are most at risk. Sixty-five percent of males age 18-34 who were killed as vehicle occupants in fatal crashes were not buckled.

**Buckle up. Every ride.
No exceptions.**

#SeatBeltsSaveU

MYTH: Being in a pickup truck or SUV makes you safer than everyone else.

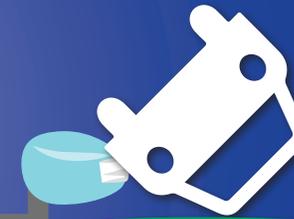


FACT: Seat belt use is the single best way to stay alive in a crash, regardless of vehicle type. In fact, the percentage of unbuckled pickup truck occupants killed in crashes is higher than those in passenger cars.

MYTH: If you're not going far or traveling fast, seat belts aren't necessary.



FACT: Most fatal crashes happen within 25 minutes from home and at speeds of less than 40 mph. Even routine trips can be dangerous.



MYTH: Back seat passengers don't really need a seat belt.

FACT: Sitting in the back seat doesn't excuse you from buckling up. Fifty-eight percent of back seat passenger vehicle occupants killed in crashes in 2014 were not buckled.



MYTH: Your seat belt can hurt you in a crash.

FACT: In a crash, everything in your car can cause you harm. Your seat belt is one of the few things that can actually save you.

MYTH: Buckling up is optional. It's a personal choice.



FACT: Wearing a seat belt is the law.* It's dangerous and reckless not to. You can end up with tickets, injury, or even death in the event of a crash.

Seat belt use is lowest among young drivers age 16 to 24.

DYK?

The majority of teens and young adults killed in crashes are unbuckled.